



HAND-TO-HAND FIGHTING SPORT INTERNATIONAL FEDERATION

The union of public associations

**(H S I F)
PRESIDIUM**

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30.09.2026

President of HSIF

S.A. Astakhov

President of NHF KT

O.V. Kabalinov

**Competition Regulations
For the Asian Championship 2026.
Men and women, cadets**

1. MISSION AND GOAL

Promotion of Hand-to-Hand Fighting Sport worldwide.

Strengthening friendship within the World Sports Community.

Presentation of the capabilities of the new platform HSIF.online for Hand-to-Hand Fighting athletes and holding competitions in Hand-to-Hand Fighting and Self-defense.

2. TIME, PLACE, PROGRAM

The Asian Championship 2026 will be held on 13-14 November 2026.

The HSIF.rookie 2026 Festival will be held as part of the Asian Championship 2026 from November 13 to 14, 2026.

Place: Rusich Club • HSIF Thailand, Pattaya City, Kingdom of Thailand.

Address: 46/65 moo 11, Pattaya City, Bang Lamung District, Chon Buri, Thailand, 20150

It is recommended that participants of the Asian Championship 2026 stay at any affordable hotel in Pattaya during the competition.

PROGRAM:

November 12: arrival and accommodation of teams.

November 13: from 10.00 to 14.00, admission committee, accreditation, weighing, and medical control of participants. 18.00 - drawing of lots. Meeting and seminar of judges;

November 14: 9.00 - start of the competition in the disciplines "Self-Defense" and "Fighting". Competitions in the disciplines "Self-Defense" and "Fighting" as part of the festival "HSIF.rookie 2026". Awarding of winners and prize-winners is carried out throughout the entire duration of the competition after the end of the last fight in the corresponding discipline and category.

Departure of athletes and teams is carried out on any day at the discretion of the athletes and teams themselves.

3. ORGANIZATION AND RUNNING

The Asian Championship 2026 and the festival "HSIF.rookie 2026" are organized and held by:
Hand-to-hand fighting Sport International Federation (HSIF);
Asian Hand-to-hand fighting Sport Federatio (AHF)
The Rusich Association (The Kingdom of Thailand).

4. PARTICIPANTS

Participation in the Asian Championship 2026 is based on personal applications from athletes and applications from sports organizations (clubs, associations, National Federations).

Participation in the festival "HSIF.rookie 2026" is based on personal applications from athletes and applications from sports organizations (clubs, associations, National Federations).

The number of athletes from one sports organization in each weight category is not limited. Each team must bring at least one judge for every ten athletes participating in the team.

The total number of athletes competing in the Asian Championship 2026 and the festival "HSIF.rookie 2026" during one competition day is limited to the following number of applications:

"Self-defense" - no more than 100 applications.

"Fighting" - no more than 250 applications.

Upon reaching the maximum number of applications, registration for the Asian Championship 2026 and the festival "HSIF.rookie 2026" will be closed for the corresponding discipline.

Mandatory equipment for participants: kimono of any color (recommended - white and green (khaki) kimono); gloves, helmet, shin guards - black.

Athletes over 12 years old in the following weight categories are allowed to participate in the discipline "Fighting":

Cadets Boys 12-13 years old - up to 40, 50, 60, 70, 70+ kg.

Cadets Girls 12-13 years old - up to 40, 50, 60, 70, 70+ kg.

Cadets Boys 14-15 years old - up to 50, 60, 70, 70+ kg.

Cadets Girls 14-15 years old - up to 50, 60, 70, 70+ kg.

Cadets Boys 16-17 years old - up to 50, 60, 70, 70+ kg.

Cadets Girls 16-17 years old - up to 50, 60, 70, 70+ kg.

Men 18+ years old - up to 57, 62, 67, 73, 80, 88, 97, 97+ kg.

Women 18+ years old - up to 48, 53, 58, 64, 70, 70+ kg.

Athletes over 12 years old are allowed to participate in the "Self-Defense" discipline. Competitions are held in the following age and weight categories:

12-14 years old: boys - up to 40, 50, 60, 70, +70 kg; girls - up to 40, 50, 60, 70, +70 kg.

15-17 years old: boys - up to 50, 60, 70, +70 kg; girls - up to 50, 60, 70, +70 kg.

18-37 years old: men - up to 70, 80, 90, +90 kg; women - up to 50, 60, 70, +70 kg.

38-49 years old: men - up to 75, 95, +95 kg; women - 60, +60 kg.

Over 50 years old: men - without taking into account weight.

As part of the HSIF.rookie 2026 festival, athletes aged 10-11 years are allowed to participate in the "Fighting" discipline in the following weight categories:

Cadets Boys aged 10-11 years - up to 40, 50, 50+ kg.

Cadets Girls 10-11 years old - up to 35, 45, 45+ kg.

As part of the festival "HSIF.rookie 2026", athletes aged 10-11 years are allowed to participate in the discipline "Self-defense".

Competitions are held in the following age and weight categories:

10-11 years old: boys, girls - without taking into account weight.

5. JUDGES

The candidates for judges are agreed with the HSIF Judicial Committee and are invited by a separate invitation. Email: h2hfight@mail.ru

6. CONDITIONS OF HOLDING, RECEPTION AND FINANCING

The Asian Championship 2026 and the festival "HSIF.rookie 2026" are held according to the rules of the HSIF. In the discipline "Fighting" - two third places, in the discipline "Self-Defense" - two third places.

The working area of the mat for competitions is 6x6 meters, the safety zone is 1 meter on each side.

The costs of receiving athletes and sports delegations (travel, food, accommodation) are covered by the sending organizations or the athletes themselves.

Participants must register exclusively on the HSIF.online platform for the relevant competition. Participants must register an athlete profile and submit an application on behalf of the athlete's profile or on behalf of the club (national federation) to which the athlete belongs.

The entry fee for each athlete in each discipline is:

\$50 - for online payment until October 31, 2026.

\$70 - for when paying at the weigh-in before the competition.

For all payment questions, please contact RUSICH:

Email: info@rusich.club

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

7. AWARDING

Champions in each weight category are awarded: medals and diplomas of the 1st degree; prize winners - medals and diplomas of the corresponding degrees.

In the team competition, special prizes are awarded to teams that take prize places.

8. INVITATION, APPLICATION, CONTACTS

This Guiding Provisions document shall serve as the Official Invitation to the "Asian Championship 2026".

Confirmation of participation, indicating the number of athletes, representatives, coaches and judges, is submitted to the Organizing Committee of the Asian Championship 2026 before October 31, 2026.

Email: info@rusich.club

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

It is recommended that participants of the Asian Championship 2026 stay at any affordable hotel in Pattaya during the competition.

For all general inquiries, please contact RUSICH:

Email: info@rusich.club

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

Guide to the Asian Championship 2026 (basic information and answers to possible questions):
https://rusich.club/en/oac2026_en/

Athletes are not admitted to the competition without a prior application.

Delegations that have arrived in accordance with the summons are required to submit to the admission commission through their representative: an application, identity documents of members of sports delegations, originals of accident insurance contracts, life and health insurance for competition participants. Athletes who have arrived to the competition independently provide a similar set of documents to the admission commission.