



# HAND-TO-HAND FIGHTING SPORT INTERNATIONAL FEDERATION

The union of public associations

(H S I F)  
PRESIDIUM

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25.08.2025

## GOVERNING PROVISIONS

For the Open Asian Cup 2025.

Men and women, cadets

### 1. MISSION AND GOAL

Promotion of Hand-to-Hand Fighting Sport worldwide.

Strengthening friendship within the World Sports Community.

Presentation of the capabilities of the new platform for Hand-to-Hand Fighting athletes and holding competitions in Hand-to-Hand Fighting and Self-defense HSIF.online

### 2. TIME, PLACE, PROGRAM

The Open Asian Cup 2025 will be held on 14-15 November 2025.

The HSIF.rookie 2025 Festival will be held as part of the Open Asian Cup 2025 from November 14 to 15, 2025.

**Place:** Pattaya Exhibition And Convention Hall (PEACH), Royal Cliff Hotel Pattaya, Pattaya City, Kingdom of Thailand.

**Address:** 353 Phra Tamnak, Pattaya City, Bang Lamung District, Chon Buri, Thailand, 20150

It is recommended that participants of the Open Asian Cup 2025 stay at the Royal Cliff Hotel Pattaya or any other affordable hotel in Pattaya during the competition.

#### PROGRAM:

**November 13:** arrival and accommodation of teams.

**November 14:** from 10.00 to 14.00, admission committee, accreditation, weighing, and medical control of participants. 18.00 - drawing of lots. Meeting and seminar of judges;

**November 15:** 8.00 - start of the competition in the disciplines "Self-Defense" and "Fighting". Competitions in the disciplines "Self-Defense" and "Fighting" as part of the festival "HSIF.rookie 2025". Awarding of winners and prize-winners is carried out throughout the entire duration of the competition after the end of the last fight in the corresponding discipline and category.

Departure of athletes and teams is carried out on any day at the discretion of the athletes and teams themselves.

### 3. ORGANIZATION AND RUNNING

The Open Asian Cup 2025 and the festival "HSIF.rookie 2025" are organized and held by:

- Hand-to-hand fighting Sport International Federation (HSIF);
- Asian Hand-to-hand Fighting Federation (AHFF)
- The Rusich Association (The Kingdom of Thailand);
- Royal Cliff Hotels Group (The Kingdom of Thailand).

#### 4. PARTICIPANTS

Participation in the Open Asian Cup 2025 is based on personal applications from athletes and applications from sports organizations (clubs, associations, National Federations).

Participation in the festival "HSIF.rookie 2025" is based on personal applications from athletes and applications from sports organizations (clubs, associations, National Federations).

The number of athletes from one sports organization in each weight category is not limited. Each team must bring at least one judge for every ten athletes participating in the team.

The total number of athletes competing in the Open Asian Cup 2025 and the festival "HSIF.rookie 2025" during one competition day is limited to the following number of applications:

"Self-defense" - no more than 100 applications.

"Fighting" - no more than 250 applications.

Upon reaching the maximum number of applications, registration for the Open Asian Cup 2025 and the festival "HSIF.rookie 2025" will be closed for the corresponding discipline.

Mandatory equipment for participants: kimono of any color (recommended - white and green (khaki) kimono); gloves, helmet, shin guards - black.

Athletes over 12 years old in the following weight categories are allowed to participate in the discipline "**Fighting**":

**Cadets Boys 12-13 years old** - up to 45, 55, 65, 65+ kg.

**Cadets Girls 12-13 years old** - up to 45, 55, 65, 65+ kg.

**Cadets Boys 14-15 years old** - up to 50, 60, 70, 70+ kg.

**Cadets Girls 14-15 years old** - up to 50, 60, 70, 70+ kg.

**Cadets Boys 16-17 years old** - up to 50, 60, 70, 70+ kg.

**Cadets Girls 16-17 years old** - up to 50, 60, 70, 70+ kg.

**Men 18+ years old** - up to 57, 62, 67, 73, 80, 88, 97, 97+ kg.

**Women 18+ years old** - up to 48, 53, 58, 64, 70, 70+ kg.

Athletes over 12 years old are allowed to participate in the "**Self-Defense**" discipline. Competitions are held in the following age and weight categories:

12-14 years old: **boys** - up to 45, 55, 65, +65 kg; **girls** - up to 45, 55, 65, +65 kg.

15-17 years old: **boys** - up to 50, 60, 70, +70 kg; **girls** - up to 50, 60, 70, +70 kg.

18-37 years old: **men** - up to 70, 80, 90, +90 kg; **women** - up to 50, 60, 70, +70 kg.

38-49 years old: **men** - up to 75, 95, +95 kg; **women** - 60, +60 kg.

Over 50 years old: **men** - without taking into account weight.

As part of the HSIF.rookie 2025 festival, athletes aged 10-11 years are allowed to participate in the "**Fighting**" discipline in the following weight categories:

**Cadets Boys aged 10-11 years** - up to 40, 50, 50+ kg.

**Cadets Girls 10-11 years old** - up to 35, 45, 45+ kg.

As part of the festival "HSIF.rookie 2025", athletes aged 10-11 years are allowed to participate in the discipline "**Self-defense**".

Competitions are held in the following age and weight categories:

10-11 years old: **boys, girls** - without taking into account weight.

#### 5. JUDGES

The candidates for judges are agreed with the HSIF Judicial Committee and are invited by a separate invitation. Email: [h2hfight@mail.ru](mailto:h2hfight@mail.ru)

## 6. CONDITIONS OF HOLDING, RECEPTION AND FINANCING

The Open Asian Cup 2025 and the festival "HSIF.rookie 2025" are held according to the rules of the HSIF. In the discipline "Fighting" - two third places, in the discipline "Self-Defense" - two third places.

The costs of receiving athletes and sports delegations (travel, food, accommodation) are covered by the sending organizations or the athletes themselves.

The entry fee for each athlete in each discipline is:

\$40 - for online payment until September 30, 2025.

\$50 - for online payment until October 31, 2025.

**For all payment questions, please contact RUSICH:**

Email: [info@rusich.club](mailto:info@rusich.club)

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

## 7. AWARDING

Champions in each weight category are awarded: medals and diplomas of the 1st degree; prize winners - medals and diplomas of the corresponding degrees.

In the team competition, special prizes are awarded to teams that take prize places.

## 8. INVITATION, APPLICATION, CONTACTS

**This Guiding Provisions document shall serve as the Official Invitation to the "Open Asian Cup 2025".**

Confirmation of participation, indicating the number of athletes, representatives, coaches and judges, is submitted to the Organizing Committee of the Open Asian Cup 2025 before October 20, 2025.

Email: [info@rusich.club](mailto:info@rusich.club)

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

It is recommended that participants of the Open Asian Cup 2025 stay at the "Royal Cliff Hotel Pattaya" or any available hotel in Pattaya for the duration of the competition.

**For all general inquiries, please contact RUSICH:**

Email: [info@rusich.club](mailto:info@rusich.club)

Phone: +66620026863 (WhatsApp, Telegram), coordinator Inessa Eliasheva.

**Guide to the Open Asian Cup 2025** (basic information and answers to possible questions): [https://rusich.club/en/oac2025\\_en/](https://rusich.club/en/oac2025_en/)

Athletes are not admitted to the competition without a prior application.

Delegations that have arrived in accordance with the summons are required to submit to the admission commission through their representative: an application, identity documents of members of sports delegations, originals of accident insurance contracts, life and health insurance for competition participants. Athletes who have arrived to the competition independently must submit a similar set of documents to the admission commission.

President of AHSIF

President of HSIF

B.C. Mirzakulov

S.A. Astakhov

