

HAND-TO-HAND FIGHTING SELF-DEFENSE

Hand-to-hand fighting and self-defense are well-known applied sports used by the Russian police and army. And since 2017, we have been teaching them in Thailand and around the world.





DEFENSE, NOT ATTACK

The primary focus in hand-to-hand fighting and self-defense is defense, not offense. Defense of both yourself and the citizens around you. It is the approach that allows society to develop and become truly civil.



FIGHTER AND INSTRUCTOR

Important: a professional trainer is both a fighter and a self-defense instructor. It is the combination of these techniques that allows a trained police officer, army officer, or other security forces employee to become a first-class specialist.

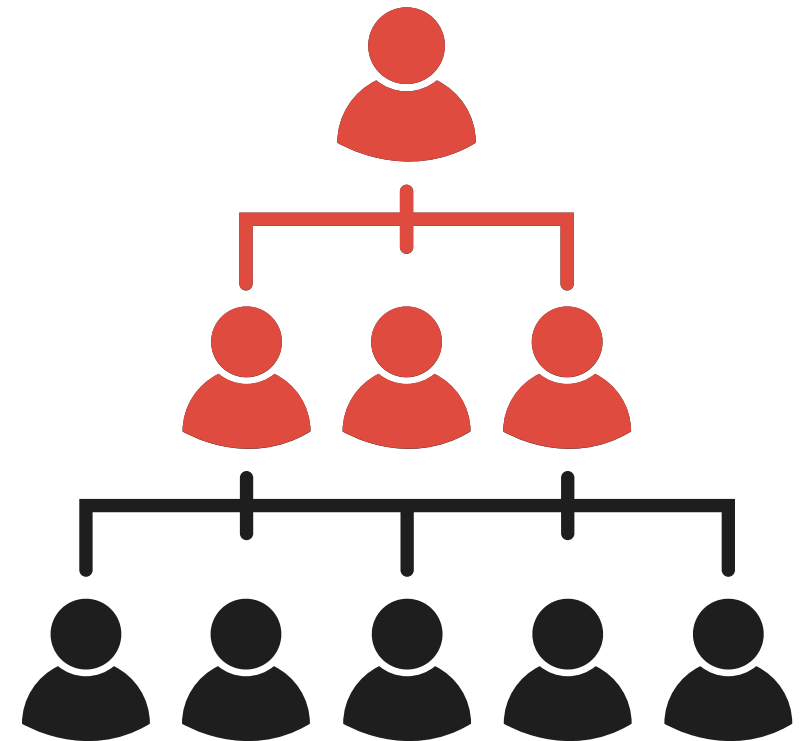


GROUP TRAINING

Group advanced training master classes or a permanent training course for police, army, and other security forces are both formats for training in hand-to-hand fighting and self-defense techniques.



Hand-to-hand fighting and self-defense training is conducted according to the “pyramid” principle: professional trainers train instructors, who then train ordinary police officers, army officers, and athletes.





The Rusich Association, represented by the Rusich Club, is the official headquarters of HSIF in Thailand. We conduct professional training in hand-to-hand fighting and self-defense and organize demonstration performances:

- hand-to-hand fighting training at the Embassy of the Russian Federation in the Kingdom of Thailand;
- self-defense master class at Chulachomklao Royal Military Academy;
- self-defense master class for the crews of Russian corvettes in the port of Sattahip and many other events.





Fighters from many countries worldwide take part in hand-to-hand fighting and self-defense competitions - at least 40 countries in one event. In most cases, all active athletes are representatives of various law enforcement agencies.

Successful performance of the Thai national hand-to-hand fighting team in competitions of the international level - Dmitry Donskoy Cup 2020 (Moscow), Friendship Cup 2022 (Moscow), World Championship 2023 (Astana, Kazakhstan, 3 bronze medals in the disciplines "Self-Defense" and "Fight", 6th team place among 38 teams from different countries), as well as the World Cups of 2024.

MANAGEMENT

OLEG KABALINOV

- Founder and CEO of non-profit organizations — the Rusich Charity Foundation (Russia) and the Rusich Association (Thailand).
 - Organizer and CEO of the headquarters of the Hand-to-Hand Fighting Sport International Federation (HSIF) in Thailand.
 - Head of the permanent representative office of the Transbaikal Cossack Host Society in Thailand;
 - Organizer and CEO of the Rusich Group of Companies (Thailand), which includes the Rusich Club (sports club).
 - International Master of Sports in hand-to-hand fighting (personalized black belt), coach of the Thai national hand-to-hand fighting team, multiple participant and winner of international hand-to-hand fighting competitions.
 - Honorary Advisor and recipient of the personalized award from the Thai-International Police Foundation.
 - Official representative of the International Police Association (IPA).
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CONTACTS

We successfully teach hand-to-hand fighting and self-defense in Thailand and around the world.



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